

The Lakes Masters Open Meet

(Hosted by Cumbria ASA) - Open to all SE Affiliated Members

2026

Event Conditions & Procedures

(Final 20260328)



OBJECTIVES

To provide the opportunity for Cumbria swimmers to compete in a Masters event within the county and welcome all other members of the master's community from all other Swim England, Wales & Scotland affiliated clubs.

To increase participation in masters' events in Cumbria and increased interest and participation in masters' inter-counties event each year.

Event will be licensed as a Masters Event and results placed on masters' rankings.

SCOPE

All strokes and events from 50m to 400m

All masters age groups including.

18/24 | 25/29 | 30/34 | 35/39 | 40/44 | 45/49 | 50/54 | 55/59 | 60/64 | 65/69 | 70/74 | 75/79 | 80/84 | 85/89 | 90/OV

Venue

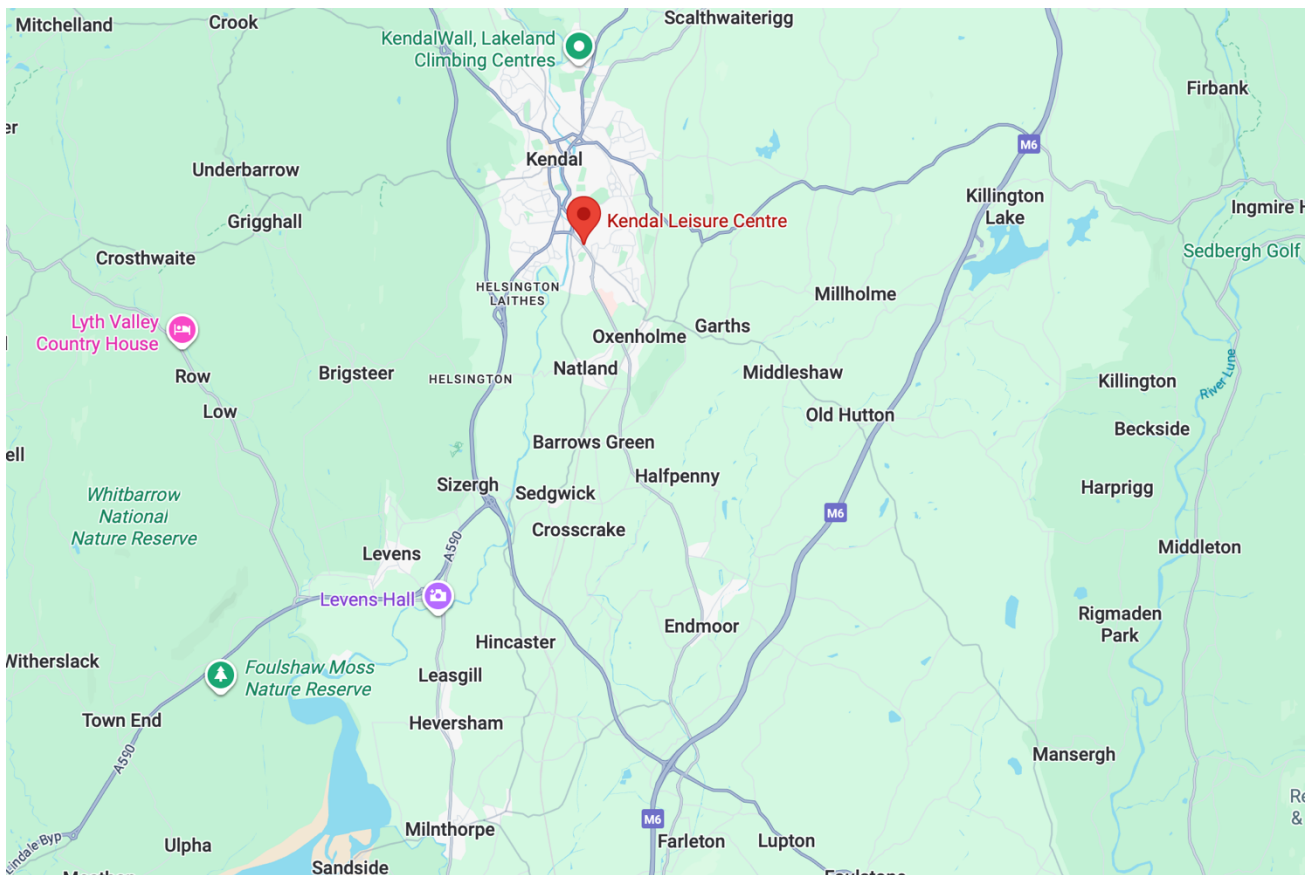


Kendal

Saturday 18th July 2026

Kendal Leisure Centre
Burton Road
Kendal
Cumbria LA9 7HX

6 Lane - 25m



Meet Deadlines & Information

Swimmer Age @	18 th July 2026
Qualifying Period	No Qualifying Times Entry times taken from rankings Level 1-4 Meets Masters Meets from 1 st Jan 2020
Individual Entries Close	1 st July 2026 £7.00 per entry Online Entry https://events.swimnorthwest.org
Accepted Entries Published	5 th July 2026 https://live.swimcumbria.org.uk
Heat Withdrawals	60 Minutes prior to session start. https://live.swimcumbria.org.uk
Meet Organiser	Mark Ralph events@swimcumbria.org.uk

Event Schedule

Session 1

Warm Up – Estimated 1:30pm

Start – Estimated – 2:00pm

(Subject to change)

101	Mixed	400m	Freestyle
102	Mixed	100m	IM
103	Mixed	100m	Butterfly
104	Female	50m	Backstroke
105	Open/Male	50m	Backstroke
106	Mixed	200m	Breaststroke
107	Mixed	100m	Freestyle
108	Female	50m	Butterfly
109	Open/Male	50m	Butterfly
110	Mixed	200m	Backstroke

Session 2

Warm Up – Estimated 5:00pm

Start – Estimated – 5:30pm

(Subject to change)

201	Mixed	400m	IM
202	Mixed	100m	Breaststroke
203	Female	50m	Freestyle
204	Open/Male	50m	Freestyle
205	Mixed	200m	Butterfly
206	Mixed	100m	Backstroke
207	Female	50m	Breaststroke
208	Open/Male	50m	Breaststroke
209	Mixed	200m	Freestyle
210	Mixed	200m	IM

Sections

1. General Conditions
2. Individual Events
3. Entry Conditions
4. Meet Procedures
5. Withdrawals
6. Awards
7. Other Information
8. Live Streaming

1 - General Conditions

1. Entries to the meet will be held on computer and consent, as required by the Data Protection Act 2018, to the holding of personal information on computer will be deemed to have been given by the submission of an entry.
2. You agree that we may publish your Personal Information as part of the results of the competition. Your information will only be shared in relation to your participation in the event, e.g. the list of entrants, results and event reports and may be shared on the Cumbria ASA website, social media pages or in emails sent by the organiser. We may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Information may include but not be limited to name, club affiliation, race times, age category and para swimming classification(s).
3. All events will be swam using Swim England Laws and World Aquatics Technical Rules.
4. The event is open to all Masters & Senior Swimmers aged 18/Over.
5. There are no qualifying times, times from Swim England rankings will be used where available and achieved at a level 1, 2, 3 or level 4 meets or Swim England Masters Rankings.
6. Where a competitor does not have an entry time, a manual entry time will be permitted.
7. The entry fee for individual events is. £7.00.
8. Age on the day will be as of July 18th 2026.
9. The closing date for entries will be Midnight 1st July 2026. Late entries may be accepted at the Competition Organiser's discretion. Poolside entries will not be accepted.
10. Entries will be on a first come first served basis.
11. Refunds will only be given where a competitor has to withdraw on proven medical grounds, proof must be uploaded at the time of the electronic withdrawal.
12. Entry Rejections:
 - Entries maybe rejected for the following reasons
 - i. In the interests of safety.
 - ii. Smooth running of the event
 - iii. To comply with licencing conditions.
 - Where entries are rejected, the following process will be followed
 - i. Entries with the fastest submitted times in each age group with take preference.
 - ii. Events chosen for rejection will be at the discretion of the meet organiser.
 - iii. Refunds for rejections will be processed on or after the 27th July 2026.
13. Any matters not covered in these conditions or any supplementary information will be at the discretion of the Competition Organiser.
14. Contacts
 - Competition organiser:
 - i. Mark Ralph, Tel: 07793-325179 | e-mail: markrswim@gmail.com
 - Treasurer:
 - i. Keith Chsholm | Tel: 01946-694019 | e-mail: keithchisholm@gmail.com
15. Individual entry fees to be paid online by 'Stripe' at the point of entry on the Swim England North West Online entry system.

2 - Individual events to be swum

1. Events
 - a. Freestyle
 - i. 50m
 - ii. 100m
 - iii. 200m
 - iv. 400m
 - b. Backstroke, Breaststroke & Butterfly
 - i. 50m
 - ii. 100m
 - iii. 200m
 - c. Individual Medley
 - i. 100m
 - ii. 200m
 - iii. 400m
2. All events will be determined by HDW principles.

3 - Entry Conditions

1. Entries to individual events shall reach the Competition Organiser no later than Tuesday July 1st 2026 accompanied by the appropriate fee.
2. Entries may be restricted to ensure safe running of the meet and to comply with local restrictions, this will be at the discretion of the Competition Organiser.
3. All entries to be submitted online using the link provided to the Swim England North West entry system.

4 - Meet Procedures

1. Entries must be received no later than Tuesday 1st July 2026. As soon as possible after this date draft programmes will be published on the Cumbria ASA website; these should be used to cross check the accuracy of the entries and to allow any necessary corrections to be made.
2. The final gala programmes will be produced as a result of any corrections that are received and will be published on the Cumbria ASA website (swimcumbria.org.uk) several days in advance of the sessions.
3. Withdrawals will be accepted until the start of the warm up for each session electronically online at live.swimcumbria.org.uk. There will be no refund of entry fees.
4. Any withdrawals after the closing deadline will result in heats being swum with empty lanes.
5. All withdrawals for heats must be submitted electronically <https://live.swimcumbria.org.uk>, paper withdrawal forms will not be accepted.
6. Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.
7. Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm-up of each session.
8. It is the swimmer's responsibility to be at the start in time for their race.
9. Spectator entry will be £5 for the event.
10. Wrist bands will be issued to all spectators. Spectator fees will be cashless. (Card payments only)
11. All events will be Heat Declared Winners (HDW) and shall be spearheaded using the entry time.
12. Each coach/team manager requiring access to the poolside must be in possession of a pass issued by Cumbria ASA.
13. It is mandatory that all Coaches and team managers that are not swimming in the event comply with the relevant Swim England Policies
 - a. Valid and up to date DBS Certificate & Safeguarding qualification.
 - b. Minimum Team Manager 1 or Assistant coach qualification.
 - c. Comply with team manager coach and chaperone policy
 - d. There is no limit to the number of poolside passes per club.

14. Only pass holders, swimmers and officials will be allowed on poolside.
15. Swimmers which withdraw from events on medical grounds will be offered a refund if evidence is submitted during the online withdrawal.
16. The competition organiser must be informed in advance of any swimmers who suffer from any medical conditions which would require assistance on the day of the meet. We should also be notified of any allergies such as 'nuts' which we may need to cater for.
17. 'Over the top' starts may be used in backstroke events at the referee's discretion.
18. Colorado timing system will be used in conjunction with Sport System software; a strobe light will be available.

5 – Withdrawals

1. Individual Events
 - a. All withdrawals must be made online @ <https://live.swimcumbria.org.uk>
 - b. Paper or verbal withdrawals will not be accepted.
 - c. Withdrawals must be made 60 minutes prior to the start of the session.

6 - Awards

1. Medals shall be awarded to competitors placed first, second and third in the individual events in the following ages groups
 - a. 18/24 (Senior Age Group)
 - b. 25/29
 - c. 30/34
 - d. 35/39
 - e. 40/44
 - f. 45/49
 - g. 50/54
 - h. 55/59
 - i. 60/64
 - j. 65/69
 - k. 70/74
 - l. 75/79
 - m. 80/84
 - n. 85/89
 - o. 90/OV

7 - Other Information

1. Lunch will be provided for technical officials and trainees free of charge.
2. Cumbria ASA may choose to employ a professional photographer to take photographs at the events, anyone else seeking permission to take photographs as part of a recognised examination will need to submit a request online prior to the event at <https://live.swimcumbria.org.uk>
3. If any session is programmed to last more than 3 hours a break may be inserted at an appropriate point in order to give the technical officials an opportunity for a short rest and to leave the poolside.

8 – Live Streaming

1. Many events are now streamed online; Cumbria ASA strives for excellence and looks to provide a fantastic experience for all who attend our events.
2. This event may be live streamed and if so, will be available to view via our official YouTube channel.
<https://www.youtube.com/@CumbriaASA>
3. All swimmer/parents/guardians/coaches and all swim clubs attending our meet agree by entering to allow all their swimmers to appear on the live stream.

4. We will not be able to edit the live stream once it has been uploaded to YouTube therefore if anyone does not wish for images of their children to be seen we advise them not to enter this meet. There will be no refunds for withdrawals for this reason once entries have been submitted.
5. The stream will also remain online to view once the swim meet has concluded.
6. The stream/video will be controlled by Cumbria ASA, and as meet organisers we reserve the right to remove the stream from the internet should we feel necessary. This will be at the discretion of Cumbria ASA.
7. Should anyone have any concerns or questions in relation to this or data privacy then please contact admin@swimcumbria.org.uk
8. We strive to ensure that our online events are held safely without technical hitches however it is impossible to eliminate these completely, so we apologise in advance should there be any disruptions.
9. We hope that everyone attending our events appreciate this enhancement to our event which will allow swimmers to rewatch their races and share their success with friends and family.